

Half Termly Curriculum Highlight

Subject: PE - Outdoor Games

Meet the Subject Leads



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Curriculum Highlights

Outdoor Physical Education Curriculum

Outdoor Games within the National Curriculum

Early Years Foundation Stage (EYFS)

Physical activity is fundamental to children's all-round development, supporting them to lead happy, healthy and active lives. Through a range of purposeful indoor and outdoor play experiences, children develop the fundamental movement skills that underpin future physical education and lifelong participation in physical activity.

Gross motor development begins with sensory exploration and progresses through activities that develop strength, coordination, balance, agility, spatial awareness and body control. Adults support this development by providing engaging games and movement opportunities that encourage children to explore, practise and refine these skills.

Alongside gross motor development, children also develop fine motor control through activities such as small-world play, puzzles, construction, arts and crafts, and the use of a range of tools. These experiences help to develop hand-eye coordination, confidence and precision, providing important foundations for later learning, including early writing.

By the end of the EYFS, children should demonstrate increasing confidence and competence in moving safely and effectively in a variety of ways, both independently and with others.



Key Stage 1

During Key Stage 1, pupils build upon the fundamental movement skills developed in the Early Years. They become increasingly competent and confident in applying these skills across a broad range of physical activities, both individually and collaboratively.

Pupils are encouraged to participate in both cooperative and competitive games, learning to challenge themselves while developing resilience, teamwork and sportsmanship.

Pupils are taught to:

- master basic movements including running, jumping, throwing and catching;
- develop balance, agility and coordination and apply these skills across a range of activities;
- participate in team games, developing simple attacking and defending tactics;
- perform dances using simple movement patterns.

Key Stage 2

In Key Stage 2, pupils continue to develop and apply an increasingly broad range of physical skills. They learn how to select and combine skills effectively, adapting them to different sports and physical activities.

The curriculum encourages pupils to communicate, collaborate and compete positively with others while developing resilience, leadership and fair play. Pupils are also taught to evaluate their own performance, recognise success and identify ways to improve in order to achieve their personal best.

Pupils are taught to:

- use running, jumping, throwing and catching skills both in isolation and in combination;
 - play competitive games, modified where appropriate, and apply the principles of attacking and defending;
 - develop flexibility, strength, technique, control and balance through activities such as athletics and gymnastics;
 - perform dances using a range of movement patterns;
 - participate in outdoor and adventurous activities both individually and as part of a team;
 - compare their performances with previous attempts and demonstrate improvement over time.
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Our Outdoor PE Curriculum

Our Outdoor PE curriculum is carefully sequenced around five key strands that provide progression from the Early Years through to the end of Key Stage 2.

The five strands are:

- Athletics
- Invasion Games
- Net and Wall Games
- Striking and Fielding Games
- Target Games

EYFS and Key Stage 1

In EYFS and Key Stage 1, pupils develop the knowledge, skills and understanding within each strand through a wide variety of engaging games and activities. The emphasis is on developing fundamental movement skills, coordination, confidence and enjoyment, enabling children to build secure foundations before progressing to sport-specific contexts.

Key Stage 2

In Key Stage 2, pupils apply the skills developed in the five strands through a range of recognised sports. These sports provide meaningful contexts in which children refine techniques, develop tactical awareness and experience competitive play.

The sports taught include:

- Football
- Tag Rugby
- Hockey
- Tennis
- Cricket
- Athletics

This progressive approach ensures that pupils revisit and build upon previously learned skills, developing increasing competence, confidence and enjoyment in physical education. By the end of Year 6, pupils are equipped with the physical literacy, tactical understanding and positive attitudes needed to participate successfully in a wide range of physical activities and sports, both within school and beyond.



Pupil voice

“ It gives you a chance to play team games with your friends.”

“ You can go outside and be active!”

“ We learn so many new skills, in a range of sports.”

“ Our sports coach teaches so many different sports in a fun way! He gives us challenges to help us improve!”

“ I have enjoyed playing in the sports teams because you learn more about leadership and teamwork.”

Subject Celebrations

Sports Day

Sports Day at Oswald Road is always a highlight of the school year and a wonderful celebration of physical activity, teamwork and achievement. Each year group takes part in six different sporting events, giving every child the opportunity to demonstrate the skills they have developed throughout the year.

This year, we were delighted to introduce archery, which quickly became a favourite activity for many of the children. The variety of events ensures that all pupils can experience success, challenge themselves and enjoy participating, regardless of their sporting ability.

Our Sports Day focuses on encouraging every child to take part in a safe, supportive and inclusive environment. While children are encouraged to do their very best, the emphasis is on participation, perseverance, teamwork and enjoyment rather than simply winning.

We are incredibly grateful to our parents and carers, whose enthusiastic support helps to make the day such a special occasion. Their encouragement creates a fantastic atmosphere and contributes to a memorable experience for all of our pupils.



Celebrating Sporting Success

Sporting achievement is celebrated regularly through whole-school assemblies. We recognise the efforts and successes of pupils who represent Oswald Road in our **Inspire** and **Excel** teams, with both staff and pupils sharing reports and highlights from competitions, festivals and sporting events.

We also celebrate pupils' sporting achievements beyond school, recognising successes in local clubs and community sports. This provides opportunities for children to share their experiences, inspires others to become involved in physical activity and reinforces our commitment to promoting healthy, active lifestyles both in and out of school.

Subject Trips, Visits and Enhancements

Competitive Sport

At Oswald Road, participation in competitive sport has grown significantly over the past few years. We are incredibly proud of the opportunities we provide for our pupils to represent the school and of the increasing number of children who take part in sporting competitions and festivals throughout the year.

As members of **Team MCR**, we participate in both **Inspire** and **Excel** events, ensuring that every child has the opportunity to enjoy competitive sport at a level that suits their confidence and experience.

Inspire Events

Inspire festivals introduce pupils to a wide range of sports and physical activities in a fun, supportive and inclusive environment. These events place a greater emphasis on participation, developing physical literacy, building confidence and learning new skills rather than on competition. Children are encouraged to challenge themselves, achieve their personal best and demonstrate the School Games Values throughout each event.

Excel Competitions

Excel competitions provide opportunities for pupils who are ready for a greater level of competition to represent the school in a welcoming and developmental environment. These events allow children to refine their skills, develop tactical understanding and experience healthy competition while continuing to demonstrate excellent sportsmanship and teamwork.

Our pupils have enjoyed outstanding success across a range of sports. In recent years, Oswald Road has been crowned **Manchester Champions** in **Tag Rugby**, **Swimming** and **Cricket**, while also achieving **runner-up** positions in **Hockey**, **Basketball** and **Athletics**. These achievements have led to several of our teams

being selected to represent Manchester at the **Greater Manchester Finals**, providing our pupils with memorable experiences and the opportunity to compete at an even higher level.

While we are immensely proud of these achievements, our greatest success is seeing so many children develop a lifelong enjoyment of physical activity, gain confidence and experience the pride of representing their school.



Swimming

Swimming is an important part of our Physical Education curriculum and an essential life skill. In addition to the statutory swimming programme, we offer **catch-up swimming lessons** for pupils in Years 5 and 6 who have not yet met the National Curriculum expectation of swimming 25 metres confidently.

These additional sessions provide targeted support to help pupils develop their confidence, competence and water safety knowledge. Our aim is for every child to leave Oswald Road with the ability to swim confidently and safely, equipping them with a valuable skill that will benefit them throughout their lives.



Subject Developments

Assessment in Outdoor Physical Education

Assessment in Outdoor PE is continually evolving to ensure it provides meaningful information about pupils' progress and supports high-quality teaching and learning. Our assessment model combines ongoing formative assessment with key summative assessment points throughout a child's primary education.

Early Years Foundation Stage (EYFS)

Throughout the year, teaching staff assess children's gross motor development through observation during both planned and child-initiated activities. Judgements are recorded on Insight as part of the school's main assessment process at the end of each term.

At the end of Reception, children's physical development is assessed against the Early Learning Goals and submitted as part of the Early Years Foundation Stage Profile (EYFSP).

Moving forward, as the children transition into Year 1, the Sports Coach will meet with Reception staff to discuss pupils who may not yet be demonstrating the physical skills expected to be 'Year 1 Ready'. Individual strengths and areas for development will be identified, and appropriate strategies and interventions will be agreed to support each child's progress.

Key Stage 1

Moving forward, at the end of Year 2, pupils will complete a summative assessment led by the Sports Coach. Assessment is based on the five key areas that underpin our Outdoor PE curriculum:

- Teamwork
- Participation
- Skills Learned
- Application of Skills
- Performance and Competition

Each area will be assessed using a three-point scale:

- **1** – Working Towards the Expected Standard (WTS)
- **2** – Working at the Expected Standard (EXS)
- **3** – Working at Greater Depth/Exceeding the Expected Standard (EXC)

Once completed, this assessment will provide a clear picture of each pupil's attainment at the end of Key Stage 1 and inform planning for Key Stage 2.

Lower Key Stage 2

Moving forward, during Years 3 and 5, assessment will be reviewed regularly by the Sports Coach as part of the ongoing formative assessment process. Judgements will be updated where appropriate to reflect pupils' progress and identify those requiring additional support or challenge. This will ensure teaching is responsive to pupils' needs and that all children remain on track to achieve age-related expectations.

End of Key Stage Assessments

Formal summative assessments will be completed at the end of Year 4 and Year 6 using the same assessment criteria. This will allow staff to monitor long-term progress across the curriculum and provides clear attainment points at the end of:

- Reception (EYFS)
- Key Stage 1 (Year 2)
- Lower Key Stage 2 (Year 4)
- Upper Key Stage 2 (Year 6)

This progressive assessment model aligns with the aims of the National Curriculum by enabling pupils to demonstrate increasing competence, confidence and application of physical skills over time, while providing staff with accurate information to support future learning.

