



Reception – Year 1: Autumn & Winter Learning Activity Grid



Try these activities at home! Pick any square and see if you can complete it.

Phonics & Reading

Leaf Sounds: Collect autumn leaves. Write a sound (e.g. “sh”, “ch”, “th”) on each. Can you say the sounds and build words?

Cosy Story Den: Make a den with blankets and cushions. Read or listen to a story inside by torchlight.

Winter Word Hunt: Write wintery words (“snow”, “hat”, “log”, “jam”). Hide them around the house. Can you find and read them?

Maths

Conker Counting: Gather conkers/pinecones. Sort them into groups of 2, 5 or 10 and count how many you have.

Snowflake Shapes: Cut out paper snowflakes. Count sides and talk about the shapes you see.

Measuring Mittens: Use a ruler or blocks to measure gloves, hats, and scarves. Which is longest/shortest?

Art & Creativity

Nature Rubbing Art: Place paper over leaves or bark and rub with crayons. What patterns do you see?

Pinecone Bird Feeder: Spread peanut butter (or honey) on a pinecone, roll in seeds, and hang outside. Watch who visits!

Autumn Collage: Use leaves, twigs, or old magazine cuttings to make a picture of a tree.

Geography & Science

Weather Watcher: Keep a 3-day diary of the weather. Draw a picture of the sky each day.

Frozen Treasure Hunt: Freeze small toys or leaves in ice. How can you free them? (Warm water? A spoon?)

Map My Street: Draw a simple map of your street or garden. Mark where trees, houses, or shops are.

History & Culture

Family Traditions: Ask an adult what games, foods or traditions they enjoyed in autumn/winter as a child. Share what you found.

Autumn Detectives: Look at old photos or paintings of autumn/winter. What's different from today?

Past & Present Toys: Talk to someone older about what toys they played with in winter. Compare to yours.

Wellbeing & Fun

Kindness Calendar: Do one kind thing each day for a week (e.g. make someone a card, tidy up, share toys).

Mindful Walk: Go for a walk. What 3 things can you see, 2 things you can hear, and 1 thing you can feel?

Hot Chocolate Treat: Help make a warm drink. Talk about how it changes from powder/liquid to frothy and warm

