# VIRTUAL SPORTS DAY BEAT THE TEACHER!

Win 5 points for your house for taking part.

Win an extra 5 points for beating the teacher!

Once complete, add up your score and send your house and final scores to your teacher via SeeSaw or Tapestry! You have a week to give these events a go, so make sure you send your scores to your teacher by **Tuesday 23rd June** so we can tally up all the scores and announce the house winners!

There are a maximum of 70 points each up for grabs per child!

# **Events & Equipment**

Count how many times you complete each task in 30 seconds. (Watch the teacher videos for a demonstration and a score to beat!)

#### 1) Over & Under

- Something you can safely climb over & go under, e.g. a chair/a brush balanced between 2 chairs.
- Click here to watch Miss Rowe (and her dog!) demonstrating how it's done!

### 2) Speed Bounce

- A cereal box.
- Click here to watch Mr Caldwell's demonstration!

#### 3) Egg & Spoon

- An egg/ball/rolled up sock, a spoon & 2 markers on the floor 3m apart.
- Click here to to watch Miss Cawley's example!

#### 4) Sit Ups

- A mat or blanket (optional).
- Click here to watch Mr Bentley having a go!

# 5) Sprint

- 2 markers on the floor 3m apart (rolled up jumpers will do!).
- Click here to see Mr McDonagh demonstrating how it's done!

## 6) Ball Catch

- A ball & a wall (or a family member).
- Click here to see Mr Salisbury's demonstration.

# 7) Supermarket Sweep

- A bucket/bowl/hoop, 4 bits of paper as markers, 4 random objects to collect.
- Click here to watch Miss Davis having a go!

We'd love to see you all giving these events a go, so why not ask your grown-up to photograph or film you and email it to <a href="mailto:admin@oswaldroad.manchester.sch.uk">admin@oswaldroad.manchester.sch.uk</a>?

HAVE FUN & GOOD LUCK!