



27<sup>th</sup> September

Dear Parents/Carers,

## Forest School Sessions

With the support of the Governors, we're very excited to announce that all children from Year 1 to 6 will get to enjoy the Forest School provision.

Forest School is an inspirational learning experience, skilfully linking the love of outdoors with our school curriculum, led by an experienced teacher. It's a fantastic opportunity for the children to fully immerse themselves in the great outdoors, offering an element of freedom following a particularly difficult year of restrictions.

Sessions will start this Tuesday (28th September) and will take place in various local outdoor settings. The Forest School teacher, Sarah Gillibrand, will choose settings appropriate for age and content being covered. The children will walk to this setting with Sarah and a member of school staff to tackle outdoor activities and challenges. 15 children will attend each session, lasting for a full afternoon. We'll begin sessions with Year 6 and a full timetable by year group will follow.

Sorry for the short notice to our Year 6 families, but following the meeting with Sarah, we were keen to get started so all children from Year 1 upwards would get an opportunity over the year.

***If you do not want your child to attend the sessions, please let the school office know on [admin@oswaldroad.manchester.sch.uk](mailto:admin@oswaldroad.manchester.sch.uk).***

If your child is on school dinners, we will issue them with a packed lunch, taking into consideration any allergy or dietary needs already registered with us. If your child is on a packed lunch, please bring this in as usual.

Bear in mind the weather is unpredictable and you should help your child to be well prepared! You will find below a recommended list of essentials, so that your child stays cool/warm enough (depending on the session date), and dry and comfortable so that they are able to fully engage.

Please also ensure your child has any necessary medication e.g. asthma inhalers in school. Your



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child's class teacher will ensure all medical needs are noted on the risk assessment and your child has any medication with them.

Your child should wear appropriate clothing and footwear to school on their allocated date.

## **RECOMMENDED ESSENTIALS**

Please make sure you follow these recommendations and help your child to be prepared:

### **CLOTHING:**

- NOTHING THAT YOU MIND GETTING WET OR DIRTY OR SNAGGED

- WATERPROOFS: (if a rainy day)

Essential – waterproof jacket or coat. Desirable – waterproof overtrousers

- FEET:

If a rainy day, wellies would be ideal. Walking boots or anything that keep your children's feet dry on wet days would also work well. If it's cold, warm socks are also a must!

Old trainers will work well if the weather is dry.

- BODY AND LEGS:

1. Underlayers: If it is cold, use layers of thermals if you have them (legs and body); tight t-shirts; jumpers and fleeces

2. Over Layers:

If it is cold, use warm coats, gloves, scarf, hat

Old pair of long trousers/jeans to protect from thorns and nettles

### **OTHER STUFF:**

Your child may want to bring a rucksack to carry their packed lunch and any other layers on cold days.

Kind regards,

Deborah Howard  
Headteacher



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