



Worried about increasing costs?

Partners across Chorlton, Chorlton Park & Didsbury are here to help



- Benefit Support including Benefit Checks and Form Completion
- Housing Support
- Information, Advice & Guidance
- Crisis Support
- Health & Wellbeing sessions
- Digital Support
- Food Parcels
- School Uniform Support
- School Holiday provision

Email: Rachel@barlowmoorca.co.uk
 Telephone: 0161 446 4805 Website: www.bmcaltd.co.uk
 WhatsApp 07760 117 235



- Welfare Rights Advice
- Income maximisation
- Benefit Queries
- Housing Benefit Enquiries
- Council Tax Support
- Form Completion
- Support with Appeals

Every other Wednesday at 10am - to book an appointment call
 Sure Start 0161 245 7013
 Barlow Hall Primary 0161 881 2158



If you are a Southway tenant you can access a lot of the help mentioned directly from them.
 Visit their website, email connect@southwayhousing.co.uk or call 0161 448 4200.



Provision of a 3 day food parcel

You will need a voucher code which can be accessed from your local Housing Association, School, GP or Community Centre. Alternatively call the free National Helpline on 0808 208 2138.

Once you have your voucher code take it along to:

**Christ Church, West Didsbury, M20 2ZD,
from 11am - 12.30pm WEDNESDAYS**

**St Barnabas Church, Chorlton, M21 8DH
from 12.30pm - 2pm FRIDAYS**



Further Support

Additional support can be accessed through a referral from your local School, Community Centre or Housing Provider

- Toiletries
- Toddler Sessions
- Toy Libraries
- Gardening Sessions
- Food parcels
- Debt Advice/Support
- School Uniform
- Newborn and baby essentials

Alternatively you can complete a self referral for the following:

This Bread and Butter Thing - £7.50 for £35 worth of shopping
www.breadandbutterthings.org

Community Grocery : 0161 946 9494
£5 annual membership then £3 per shop
www.communitygrocery.org.uk



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