



22<sup>nd</sup> April 2022

Dear Parents/Carers,

## Updated COVID Guidance

I hope you enjoyed the Easter break. We have certainly enjoyed welcoming the children back to school this week. Since we have returned, COVID guidance for schools has been updated significantly.

In summary:

- As per normal procedures ahead of the pandemic, if your child is too unwell to go about their daily activities, they should remain off school.
- Children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people. They can go back to school, college or childcare when they no longer have a high temperature, and they are well enough to attend.
- Please inform school if your child is unwell and has a high temperature, or receives a positive COVID-19 test result (Note: there is no requirement to test for COVID-19).
- If you do choose to test and the result is positive for COVID-19, children are expected to stay at home and avoid contact with others for 3 days.

For children and young people aged 18 and under, coronavirus (COVID-19) is usually a mild illness and most get better in a few days. COVID-19 will begin to be considered alongside other respiratory illnesses. Testing will no longer be in place for most people.

### **What to do if your child has COVID-19 symptoms:**

Your child should try to stay at home and avoid contact with other people if they have symptoms of COVID-19 **and they either:**

- have a high temperature
- do not feel well enough to go to school, college or childcare, or do their normal activities

They can go back to school, college or childcare when they feel better or do not have a high temperature.



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If your child has mild symptoms such as a runny nose, sore throat or mild cough, and they feel well enough, they can go to school, college or childcare.

Most children who are unwell will recover in a few days with rest and plenty of fluids. However, if you are ever concerned about your child's symptoms, or they are worsening, contact 111 or speak to your GP. In an emergency dial 999.

If your child is experiencing symptoms, please encourage your child to cover their mouth and nose with a tissue when they cough or sneeze, and to wash their hands after using or throwing away tissues.

### **If your child develops symptoms in school:**

If a child starts with a high temperature in school, alongside other symptoms, parents/carers will be called to pick up their child from the School Office.

**Schools are no longer advised to encourage parents/carers to take their child for a test.**

### **Testing for COVID-19:**

There is no requirement to test for COVID-19. However, children and young people aged 18 and under with a positive COVID-19 test result are expected to stay at home and avoid contact with other people for 3 days.

For all the latest Government information, please visit: <https://www.gov.uk/coronavirus>

Many thanks for your continued cooperation.

Kind regards,

Deborah Howard  
Headteacher



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