

# *Walking to School Safely*

This leaflet has been designed to help keep you safe whilst walking to and from school, especially during the winter when it's cold and dark outside!

Please follow this useful advice to keep yourself and your belongings safe and secure at all times.



# 1. *Be bright, be seen!*

Help other road users see you. Wear or carry something light coloured or bright. Fluorescent and reflective materials are always good to wear in the dark.

# 2. *Buddy up!*

Adopt a 'Walking Buddy' to help keep you safe on the way to school.

# 3. *Best route*

Choose a route to school that you know, that is well lit and frequented by other pedestrians and road users. Avoid taking short cuts that may be secluded and lonely. Walk with confidence!

If you use public transport to get to and from school always sit downstairs near to the driver.

# 4. *Landmarks*

Always look out for landmarks that you know and recognisable places such as libraries, shops, leisure centres, police station in case you get lost. These locations will help an adult to find you.

# 5. *Stay alert*

Always be aware of your surroundings and walk on the pavement. Take care when crossing the road and always use pedestrian crossing/islands to help you cross safely.

# 6. *Personal safety*

Never have your valuable belongings on show and never walk with earphones in your ears. You must be able to listen to what is going on around you and walk without being distracted.

