



## **Recommended RSE Books**

1. You and your body -(Usbourne Press)
2. Me, Myself and I -Louise Spilsbury
3. Moving On Up -Molly Potter
4. Sex and Relationships Education (7-9 years) -Molly Potter
5. Sex and Relationships Education (9-11 years) - Molly Potter
6. Puberty Book -Wendy Darvill
7. Puberty Susan - Elliot Wright
8. Puberty and Your Body - Alison Cooper
9. Puberty - Leon Gray