



# AN EDUCATIONAL ADVENTURE TO REMEMBER...

Colomendy

24<sup>th</sup> September 2018 – 26<sup>th</sup> September 2018

# AGENDA

- An Introduction to Kingswood
- Benefits of Outdoor Learning
- Inspiring Learning Outcomes
- Your Centre
- Sleeping and Eating
- Your Programme
- Your Centre team
- Safety and Wellbeing
- See it for yourself!





# An Introduction to Kingswood

We are raising the bar to provide the very best outdoor learning experiences.

## WE ARE EXPERIENCED

Founded over 30 years ago!

## WE ARE SPECIALISTS

We now welcome over 165,000 young people from more 3,500 schools each year.

## WE ARE SAFE

Founding members of the British Activity Providers Association (BAPA) and have all the expected accreditations.



# The benefits of outdoor learning

LEARNING

AWAY

“ Learning Away has shown that a residential learning experience provides opportunities, benefits and impacts that cannot be achieved in any other educational context or setting. ”

– Learning Away Final Evaluation Report, York Consulting 2015



In long-term follow-up surveys, **79%** of KS2 pupils said, because of the trip, they knew their teachers better.



**78%** of staff involved felt that Learning Away had a 'significant' or 'transformative' impact on their understanding of their students' strengths and limitations.



In long-term follow-up surveys, **71%** of KS2 pupils said that because of the residential, they get on better with the other pupils in the class.

# Fun and adventure

Every Kingswood visit is unique. But one thing is for sure: fun, excitement and an exhilarating activity-packed programme come as standard. On top of that, we'll work with you to tailor your adventure and design your personalised programme around your objectives and desired learning outcomes.





# Inspiring Learning Outcomes

We strongly believe that learning is most effective when it's fun! We can tailor your programme to meet your objectives for your group around ten learning outcomes.



## Teamwork

Developing the ability to work constructively as a team member.



## Communication

Enhancing speaking and listening skills, plus non-verbal communication.



## Resilience

Finding positive opportunities for learning through exposure to failures or setbacks.



## Leading and supporting

Thriving in both roles through reflection, communication and building positive relationships.



## Challenge and risk

Understanding the challenges and consequences of controlled and healthy risk-taking.

# Inspiring Learning Outcomes

We strongly believe that learning is most effective when it's fun! We can tailor your programme to meet your objectives for your group around ten learning outcomes.



## Environmental awareness

Understanding how the human footprint affects the environment, both locally and globally.



## Self-confidence

Finding personal strengths, identifying opportunities for reflection, and boosting group engagement.



## Motivation

Inspiring learners in a supportive setting to be the best that they can be.



## Learning a skill

Exploring how individuals learn through the inspiring development of practical skills.



## Problem solving

Learning is applied in layers through continued cycles of plan, do, review.



# YOUR CENTRE





# COLOMENDY: CENTRE FACTS

Loggerheads, Nr Mold, Denbighshire, Wales, CH7 5LB

**NEW  
FOR 2017!**

High V – our brand  
new high ropes  
activity!



**Location:** Set within an Area of Outstanding Natural Beauty and a Site of Special Scientific Interest in beautiful woodland with views of Moel Famau.

**Outdoor highlights:** Activities integrated into the stunning woodland, including a high ropes course woven amongst the trees, and an exceptionally realistic caving system built into a natural rock seam.

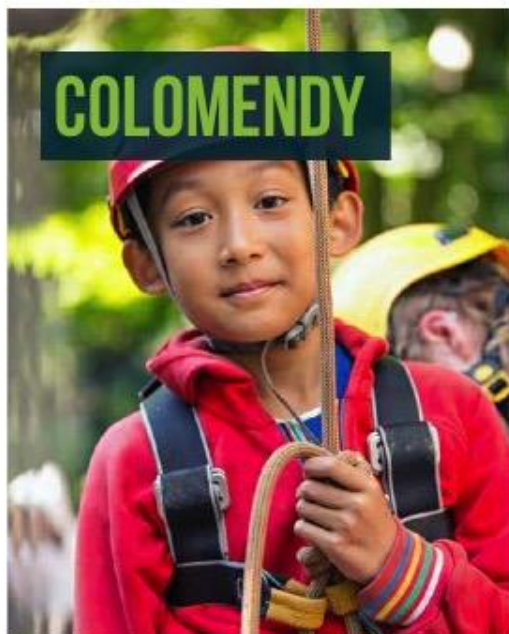
**Indoor highlights:** Spacious sports hall for team games, fencing and recreational activities.

**TOTAL BEDS: 571**



438 in standard rooms  
(sleeping 4–16 in each room)

133 in Adventure lodges  
(sleeping 11–19 in each lodge)



### Activity categories:



Challenge



Go explore



Get active



In the air



Evening activities

### Programmes available:



Young Explorers



Adventure Choice



Life Skills



Transition and Team Building



Wild Adventurer



Reward

**BEST FOR:**



Older primary pupils looking for an immersive outdoor adventure.



OUR CUSTOMERS  
GAVE OUR STAFF A  
FEEDBACK SCORE OF: **98%**



**1** RECEPTION  
**2** ACCOMMODATION  
**3** DINER AND LAUNDRY  
**4** AEROBALL

**5** ZIPWIRE  
**6** CLIMBING AND ABSEILING  
**7** HIGH AND LOW ROPES  
**8** PROBLEM SOLVING

**9** AERIAL WALKWAY  
**10** ARCHERY  
**11** LAKE  
**12** ADVENTURE LODGES

# Sleeping

## We offer a home away from home

You'll find welcoming rooms in our comfortable dormitory style accommodation. You will sleep in a choice of standard accommodation, or Adventure Lodges, all of which have bathroom facilities and a daily housekeeping check. All of our accommodation is secure and comfortable and all bedding is provided. Pupils sleep in gender separated areas, with separate showers and toilet facilities, and teacher rooms are located close by to allow for plenty of



**A residential experience with us is all inclusive.**

- ✓ Full and varied programme tailored to your group's aims and objectives, including evening activities and expert instruction from our highly trained staff
- ✓ Full-board accommodation with tasty, healthy food cooked on the premises
- ✓ One free group leader place for every ten young people
- ✓ En-suite rooms for adults at most centres
- ✓ A comprehensive information pack, parent presentations and launch materials
- ✓ A specialist dedicated team available to support you throughout your experience
- ✓ Downloadable risk assessments for all our activities and centres



# Glamping in our Adventure Lodges

Want the experience of camping without the hassle of pitching tents?  
Our giant safari tents provide the perfect glamping experience for young tribes.



New for 2017

# NEW MENUS

We have spent time this year reviewing, discussing and tasting our menus to ensure they give a balanced variety of dishes and have a wide appeal for hungry tummies. On your residential you'll enjoy tasty and nutritious meals in our diners to keep your young adventurers going throughout their action-packed itinerary. We serve three freshly prepared healthy buffet style meals each day with plenty of variety available – including hot and cold meals, a salad bar, at least one vegetarian option and plenty of water available at all times. We can also cater for most dietary requirements, which we'll ask you to let us know about before your trip.

## SAMPLE MENU

### BREAKFAST

Pork sausage, vegetarian sausage,  
baked beans, scrambled eggs and  
fresh tomatoes  
Toast with jams and marmalade  
Selection of cereals  
Natural yoghurt and fruit  
compote  
Seasonal fruit segments

### LUNCH

Homemade vegetable soup  
with croutons  
Cheese and tomato or  
pepperoni pizza  
Sweetcorn and seasoned  
potato wedges  
Salad bar  
Apples, pears and oranges

### DINNER

Lasagne and vegetable lasagne  
Roast chicken breast  
marinated in Cajun spices  
New potatoes and peas  
Garlic bread slices  
Salad bar  
Chocolate brownie

**SALAD BAR (AVAILABLE AT LUNCH AND DINNER)**





# YOUR PROGRAMME



# Young Explorers - day

*Calling all young explorers for one big adventure*



**Ages:**  
5 to 8  
(Years 1 to 3)

## Learning outcomes



Self-confidence



Communication



Teamwork

- Dedicated activity leader throughout.
- Pupils navigate through the adventure with their very own Kingswood teddy – learning the importance of working together, gaining a taste of independence and stimulating their curiosity and creativity.
- Day visits available which includes fun and safe activities.





# Young Explorers

*Calling all young explorers for one big adventure*



## Day Visit sample programme

		Session 1	Session 2	Session 3		Session 4	Session 5	Session 6		Evening
Monday	Arrive and Ice breakers	Nightline	Shelter building	Lunch	Miniature raft/trebuchet building and launch the teddy!	Dinner	Depart			

## Big Sleepover sample programme

Monday	Arrive and Ice breakers	Nightline	Environmental Art	Lunch	Shelter building	Indoor climbing/ bouldering	Dinner	Campfire
Tuesday	Breakfast	Miniature raft/trebuchet building and launch the teddy!			Lunch and departure			

# Adventure Choice

*The original Kingswood experience*



**Ages:**  
7 to 11

## Learning outcomes



Challenge and risk



Teamwork



Problem solving

- Combining a variety of activity sessions, from aerial adventures to fun problem solving initiatives.
- Programme of adventure experiences which encourage your pupils to bond and work together as a team.
- We'll work closely with you to build you a tailored programme from our range of physically and mentally challenging activities to create memorable outdoor adventure!





# Adventure Choice

*The original Kingswood experience*

**Upgrade your Adventure Choice programme with:**

## **Watersports**

From canoeing to raft building, a 5 day Adventure Choice with watersports experience will normally include 2 double sessions on the water.



## **Bushcraft**

Add a bushcraft upgrade for a taste of life in the wild, building shelters, foraging for food and lighting campfires in the great outdoors. We recommend combining this with an Adventure Lodge stay.



# Life Skills

*Focus on personal development to maximise the impact*



**Ages:**  
8 to 11

## Learning outcomes



Challenge and risk



Resilience



Motivation

- All the fun and action of Adventure Choice but also develops your pupils' social, emotional and personal skills.
- Emphasises the learning outcomes attached to the challenging and high-adrenaline activities.
- Includes planning and review sessions.
- Supporting attainment and well-being.
- Helps equip pupils with a positive mindset to prepare them for a future that they don't yet know.

# YOUNGMINDS

The voice for young people's **mental health and wellbeing**





# We're a corporate supporter of YoungMinds



YoungMinds champion children and young people's mental health and well-being across the UK. It's their mission to improve the emotional resilience of all children, ensure that those who suffer get fast and effective support, and build a society where mental health has no attached stigma.

At Kingswood, we're in a fantastically privileged and unique position in that we work with over 165,000 young people each year, inspiring them to achieve things they never thought possible.

We're so passionate about what we do, and feel so strongly that the work YoungMinds does provides such a useful and essential service to the same young people we work with that we have become a corporate supporter.

- ✓ We make donations from programme sales.
- ✓ We host fundraising events, special activity days and employee fundraising initiatives.
- ✓ We raise awareness of the work they do and the information, resources and support they provide.
- ✓ We volunteer our time to support their work.
- ✓ We organise YoungMinds training for our staff to further their understanding and awareness of the tools and techniques available to help young people.

"We've been working on developing a relationship with a charity that we can be fully involved in and we were so impressed with – and inspired by – YoungMinds that they were an obvious fit for us. We're thrilled to be working in partnership with them and moving forwards, further supporting them with the invaluable work they do."

*Jason Andrews, Managing Director, Kingswood*

"We are very excited about our new partnership with Kingswood and are looking forward to getting started. As a charity, we are dependent on donations from individuals and organisations such as Kingswood to continue our vital services – their support will help make a real difference to children and young people's mental health."

*Diane Gault, Director of Fundraising at YoungMinds*



# Transition and Team Building

*Build confidence, teamwork and friendships for a fresh start*



**Ages:**  
8 to 11

## Learning outcomes



**Leading and supporting**



**Self-confidence**



**Team work**

- Specifically developed with the start of a new school year in mind.
- Fresh starts, friendships and new beginnings a the core of this programme.
- Inspiring, challenging and confidence building activities encourage lively interaction and focus on team building in order to accelerate the settling in period.





# Transition and Team Building

*Build confidence, teamwork and friendships for a fresh start*



Ages:  
8 to 11

## Learning outcomes



Leading and supporting



Self-confidence



Team work

- Encourages respect for other students and teachers.
- Alternatively, this programme can be used as the end of year celebration for your Year 6 class, to help them prepare for the next stage of their education.



# Wild Adventurer

*Learn how to survive and put your skills to the test*



**Ages:**  
8 to 11

## Learning outcomes



**Teamwork**



**Self-confidence**



**Team work**

- Bringing together the best of adventure and wild survival, immersing your pupils in nature.
- Encouraging them to utilize the resources in their environment to challenge their perceptions of the natural world.
- A range of engaging sessions including foraging, raft building, conquering difficult terrain, camouflage and natural navigation





# Wild Adventurer

*Learn how to survive and put your skills to the test*



**Ages:**  
8 to 11

## Learning outcomes



Teamwork



Self-confidence



Resilience

- Finishes with a team survival challenge.
- Putting to the test newly learnt techniques from throughout the course.





# Wild Adventurer

*Learn how to survive and put your skills to the test*



## Adventure Choice sample programme

	Session 1	Session 2		Session 3	Session 4	Session 5		Session 6	Evening
Monday					Arrival and Welcome	Introduction and shelter building	Dinner	Night explorer (Navigation, orienteering and signalling)	
Tuesday	Raft building (water) or Buggy building (Land)		Lunch	Campcraft	Climbing/Abselling, cordage and knots (stretcher build)		Dinner	Foraging for food and water, fire-lighting and campfire	
Wednesday	Wild Adventurer challenge scenario			Lunch and depart					



# Reward

*Re-energise your pupils with an outdoor adventure*



**Ages:**  
8 to 11

## Learning outcomes



Communication



Motivation



Teamwork

- The perfect way to say ‘thank you’ to your pupils.
- Can be as action-packed or as easy-going as you like.
- Celebrate a sporting achievement.
- Bond your school’s ‘houses’.
- Take the whole class away for an end of year treat.
- Ideal for increasing motivation and re-invigorating your class.



# Reward

*Re-energise your pupils with an outdoor adventure*



Ages:  
8 to 11

Learning  
outcomes



Teamwork



Communication



Motivation

The perfect way to say 'thank you' to your pupils, whilst still giving them the chance to learn even more.

Our reward trips can be as action-packed or as easy-going as you like, with a great selection of our adventure and team building activities on offer. Whether you're looking to celebrate a sporting achievement, bond your school's 'houses', or take the whole class away for an end of year treat. Ideal for increasing motivation and re-invigorating your class, an adventure at Kingswood is sure to get your pupils working together and celebrating their achievements.





# Earthcare

*Practical Environmental Field Studies programmes*



**Ages:**  
8 to 11

**Learning  
outcomes**



**Teamwork**



**Learning a Skill**



**Environmental  
awareness**

Our Earthcare programmes explore and learn from different landscapes and environments. Participants are challenged to work in project teams to physically explore the area and search for artefacts, using exciting fieldwork and critical thinking skills to argue for the conservation of an area of natural resources.



## Woods



Pupils chart the wood's physical features and investigate the intricacies of layering, plant structure and adaptation.

## Coasts



Pupils explore how human and physical processes interact to influence and change landscapes, including coastline erosion.

## Rivers



Participants visit a local river to observe, identify and measure the main processes affecting it, looking at width, depth and velocity.

## Rocky Shore



Pupils search for creatures and wildlife in rock pools, learning about adaptation, ecosystems and zone exploration.

# Your centre team



## Customer Services Team

Our team helps to assist with every aspect of your trip so that your group has a great time. They are friendly and approachable and value all feedback you might have about your trip because they enjoy knowing that they are assisting you to have the best possible experience.



## Centre Managers

Leading the team on centre, our managers ensure that the whole staff team is focused on what is 'best for guests'. They also manage the adventure activity programme on centre and are very accessible during your adventure, happy to answer any questions guests may have.



## Activity Leaders

We think this is the best job on centre! Our leaders are here to encourage you through every activity and challenge that you participate in at Kingswood, helping you and your group to work together and focus on achieving your objectives while having plenty of fun.



# Safety and wellbeing

**We know how daunting it can be letting your child go on a residential visit, so we do everything we can to make it a safe and enjoyable experience for all.**

Our policies and procedures are designed to make sure we adhere to the highest safety standards at all times:

- Continual safety and first aid training for all staff
- Regular checks on equipment before and after every activity session
- Qualified First-Aider on centre 24/7
- All staff are fully DBS checked.

We create a warm, supportive environment for students so they quickly feel at home. All our activities are progressive, allowing students to join in at whatever level they're comfortable with.

We have found the best way to help children cope with being away from home is to keep them busy, having fun from dawn 'til dusk.

Kingswood cannot guarantee 100% safety for personal items brought onto centre and they will not be covered by insurance. It is therefore advisable to leave valuables – cameras, mobiles, iPods, MP3 players, computer games, jewellery - at home. A clearly named disposable camera is acceptable.



**SEE IT FOR YOURSELF!**



[https://www.youtube.com/channel/UCy0\\_\\_ghMVMWC\\_5THw2iogg](https://www.youtube.com/channel/UCy0__ghMVMWC_5THw2iogg)









"KINGSWOOD GAVE MY STUDENTS THE CHANCE TO GROW -  
THEY DEVELOPED THEIR SELF-CONFIDENCE AND  
SELF-ESTEEM DURING THIS WEEK MORE THAN THEY  
COULD HAVE ACHIEVED IN SCHOOL."



**THANK YOU**

**QUESTIONS?**