

11th July 2017

Manchester Resilience Hub

Dear Sir or Madam,

Accessing support following the Manchester Arena attack

We understand that members of our school community have been affected by the terrible attack at Manchester Arena on 22nd May. Understandably, an incident such as this may have affected you or your family's mental wellbeing and we want to ensure you get all the help you need.

A dedicated NHS mental health screening service has been set up to help those affected by the attack including children, young people and adults who may have been at the concert on the night and their family members/carers.

The service is staffed by trained mental health professionals who are experts at helping people who have experienced a traumatic event. They will be able to give advice about what reactions are normal, whether you or a loved one may benefit from more targeted help and what the options for this are.

The school can pass your details on to the service so they can get in contact with you. If you are interested, please contact Donna Wealleans.

You can also seek support from Victim Support on 0808 1689 111 or contact your local GP. To find out more about the service visit www.penninecare.nhs.uk/mcrhub

Yours faithfully,

S. Barnes

Sara Barnes

**Child and Adolescent Mental Health
Pathway Manager**
Manchester Resilience Hub



Helen Lambert

Adult Mental Health Pathway Manager
Manchester Resilience Hub