Fit For Learning

Work in partnership to develop a shared understanding of the importance of physical activity and healthy eating across school, so as to develop a balanced and healthy lifestyle.

Drugs and Alcohol

Education

Set up coffee mornings, Set up coffee mornings, support vulnerable families, Support vulnerable mareneter, Support vulnerable mareneter, Make linke witth mareneter,

in NHS.

Books/Clothes

Staffroom

events.

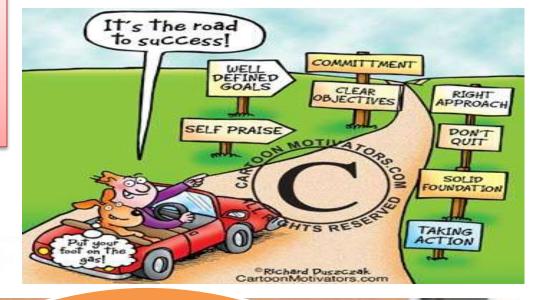
• Welfare

meetings,

. Union

swap.

Support vumerable families, Support vumerable families, Nake links with parents working



Playground Development

Healthy Eating

" Review Dieversound zones

with view to further

development.

· Develop Eco Schools

* Set up compost comer.

" Begin plans for phase one

food growing,

2

Emotional well

· Yoga Fridays. • Reduce emails.

- Challenge sports stereotyping through displays.
- Buy into Manchester competition and develop clubs-
- Train lunchtime/playtime ambassadors to lead activities. Purchase play equipment for each year group.
- Embed 5 a day TV.
- Begin to increase number of sports clubs for children. Fitness Fridays, with a focus on sports taster sessions and opportunities for children to create health and fitness videos.
- 0
- Strategies for cross curricular teaching 12 things to do before you are 12!

