



POLICY ON MEDICAL DIETS IN SCHOOLS

There are occasions when pupils are unable to eat the school meal available because of medical reasons, every effort is then made to ensure that a suitable alternative is provided. The Nutritionist at Manchester Fayre co-ordinates all such requests for medical diets, liasing with parents, Head Teachers, GP's, Dietitians, Health Visitors and school supervisors. All foods are screened for their suitability, and diet sheets are then produced for the school to use. These are regularly updated and the dietary requirements of each child periodically reviewed.

Manchester Fayre is able to cater for all types of medical diet such as nut-free, eggfree, Coeliac, Diabetic, additive and milk-free. If your child requires a medically restricted diet please contact your Head Teacher who will pass on your request to Manchester Fayre. Our Nutritionist will contact you to determine the exact diet that is required.

All requests for medical diets have to be <u>supported in writing by the medical</u> <u>authorities</u>, clarifying exactly the child's dietary needs. Unfortunately, verbal requests are not acceptable. Manchester City Council feel it is imperative that this policy is enforced since the diet that a child eats can have implications on their health both now and in later life.

For further information please contact:

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