



3rd June 2015

Dear Parent/Carer

SRE Parent Workshop for Years 1-5

This term's PSHE lessons include some units of SRE (Sex and Relationships Education). Participation in the lessons aims to improve young people's ability to develop healthy relationships, be confident and happy within themselves and their bodies, and make well-informed and safe decisions in the future.

You are invited to a parent workshop which will cover the issues to be taught in more detail. This will take place on Thursday 11th June at 2.30pm and will be led by Natalie Dodd from Manchester Healthy Schools. You will be shown examples of the some of the lessons which will be taught and there will also be an opportunity for your to ask any questions you may have about SRE.

The topics which will be covered include: respect, health and life, puberty, female and male reproductive systems, sexuality, diversity, relationships, gender/power/stereotypes, negotiation and decision making and places to go for help and support. (All content will be age-appropriate for the relevant year group.)

If you would like to attend this workshop, please complete the attached slip and return it to the office by Monday 8th June.

Katharine Rowe
Manchester Healthy Schools Coordinator

SRE Parent Workshop for Years 1-5

I wish to attend the SRE Parent Workshop at 2.30pm on Thursday 11th June.

Signed (Parent/Carer): _____

Parent/Carer of (Child's name): _____ **Class:** _____



Inspiration & Success

