



### **Oswald Road After School Karate Club Classes**

Dear Parent /Carer

I would like to inform you that karate classes are being held at the school on

**Tuesdays from 3.30pm till 4.30pm**

The classes will run from **2<sup>nd</sup> June** until **7<sup>th</sup> July**

#### **What is karate?**

Karate is a traditional martial art based on self defense and fitness but also promotes discipline, confidence, concentration, coordination, self-control, courtesy, respect and many more aspects of character development.

#### **Kids Club**

The classes will be based on our kids club format which is designed to cater for children from 4-12 years of age. It's a great fun way to introduce kids to karate in a low key but disciplined environment, the classes are run with the emphasis on fun! They learn team work, cooperation and get the benefits of self-discipline and concentration at the same time. The classes are action packed and the kids love them!

There are spaces available at the moment. Please return the slip to the school office by **Monday 1<sup>st</sup> June**.

**Class fees are £30 per 6 classes. Places need to be booked in advance and fees prepaid. Cheques are made payable to Ho Shin Do Karate or for bank transfers call me on 07708497223 for bank details.**

For more information please call: **Sensei Steve on 07708 497 223**

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#### **Oswald Road Primary School Karate Club Classes**

Child's Name: \_\_\_\_\_

Class: \_\_\_\_\_ Age: \_\_\_\_\_

Parent / Carer Contact Number: \_\_\_\_\_

**PLEASE RETURN THE SLIP TO THE SCHOOL OFFICE**