

7th September 2020

Dear Parents/Carers,

Sex and Relationships Education (SRE)

Our PSHE (Personal, Social and Health Education) curriculum is provided by Jigsaw, which has a whole-school focus on mindfulness. The purpose of PSHE is to build children's capacity for learning and equip them for life. The programme comprises of six puzzle pieces: Being Me in My World; Celebrating Difference; Dreams and Goals; Healthy Me; Relationships; and Changing Me. The summer term puzzle units are about Relationships (unit 1) and Changing Me (unit 2). Due to the school closure because of Covid19, these summer term units were unable to be delivered to all year groups. Therefore, we will be teaching the Changing Me unit in Autumn 2.

The Changing Me Puzzle includes, in every year group, two or three lessons to help children understand the changes puberty brings and how human reproduction happens. There is a very serious safeguarding aspect to this work and obviously the younger year groups are not looking at these issues directly and explicitly, but rather will be learning the correct terminology for body parts and doing the foundation work for later year groups.

The Year 5 and 6 lessons look more fully at puberty and reproduction. [Please click here](#) to see an overview of the content for each year group. This module will begin in the week commencing 2nd November 2020. As the children are being taught missed units, they will be covering the previous year's curriculum, so if your children is currently Year 6 they will be taught the Year 5 SRE units and the same for other year groups.

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this.

However, we do as always want to work in partnership with parents and carers. If you would like to see an overview of what is delivered in the module for your child's particular year group please refer to the PSHE Policy on the school website (paper copies are also available from the office).

If you wish your child to opt out of these lessons, please let the school know in writing via letter or email that you do not wish your child to participate. However, along with government guidelines, the SRE units covered after September will become compulsory and the option to

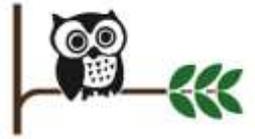


Inspiration & Success



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opt out will not be available for the units delivered in summer term 2021. More details will be sent out about this in the spring term.

We hope that, like us, you will see the materials in Jigsaw as educationally sound and beneficial to our children, and will look forward to sharing them with you and answering any questions you may have.

Kind regards,

Deborah Howard
Headteacher



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