

## Active Lifestyles

- Training of play leaders to support further activities at playtimes.
- Active opportunities throughout the week, including Daily Mile and physical classroom activities.
- Personal and class challenges.
- Sporting events shared in assemblies.
- Training for staff.



## Fit for Learning 2019-20



## Healthy Food

- Work with parents, children and staff on Food & Drink Policy to support healthy snacks at play time.
- More opportunities to be involved in healthy cooking and growing of vegetables and herbs.
- Positive dining experience every lunchtime.
- Reminders about water intake over the day.