



6th June 2019

Dear Parents/Carers,

Sex and Relationships Education (SRE)

Our PSHE (Personal, Social and Health Education) curriculum is provided by Jigsaw, which has a whole-school focus on mindfulness. The purpose of PSHE is to build children's capacity for learning and equip them for life. The programme comprises of six puzzle pieces: Being me in my World; Celebrating Difference; Dreams and Goals; Healthy Me; Relationships; and Changing Me. The summer term puzzle units are about Relationships (unit 1) and Changing Me (unit 2).

The Changing Me Puzzle includes, in every year group, 2 or 3 lessons to help children understand the changes puberty brings and how human reproduction happens. There is a very serious safeguarding aspect to this work and obviously the younger year groups are not looking at these issues directly and explicitly but rather learning correct terminology for body parts and doing the foundation work for later year groups. The Year 5 and 6 lessons look more fully at puberty and reproduction. We have attached an overview of the content for each year group. This module will begin in the week commencing Monday 17th June.

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this.

However, we do as always want to work in partnership with parents and carers. If you would like to see an overview of what is delivered in the module for your child's particular year group please refer to the PSHE Policy on the school website (paper copies are also available from the office).

We hope you, like us, will see the materials in Jigsaw as educationally sound and beneficial to our children, and will look forward to sharing them with you and answering any questions you may have.

Kind regards

Deborah Howard
Headteacher



Inspiration & Success

