



1st March 2019

Dear Parents/Carers,

Promoting Healthy Lifestyles

Spring is finally in the air! With increasing hours of daylight comes much more time to embrace healthy, mood-boosting outdoor activities and opportunities for dining on delicious, nutritious bites al fresco!

As a team we would love to hear your suggestions with regards to how we, as a school community, could promote healthy lifestyles both in and out of school. Hopefully, through this consultation we can consider and implement some fabulous suggestions about how we can encourage our children to be fit, active and healthy in their day-to-day lives.

We would be delighted to hear your healthy hints and tips for staying active and healthy! Please email your suggestions to messages@oswaldroad.manchester.sch.uk, marking your message for the attention of the 'Fit for Learning Team'.

Kind regards,

Fit for Learning Team



Inspiration & Success

