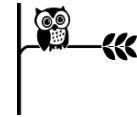


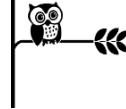
Oswald Road Primary Menu - Week 1



Food Station	Monday	Tuesday	Wednesday	Thursday	Friday
Meal Choice 1: (Halal & Vegetarian equivalent available where required)	Cheesy pizza	Lamb bolognese	Chicken curry	Minced beef and onion pie	Breaded cod
Meal Choice 2:	Veggie sausage rolls	Veggie bolognese	Chick pea & potato curry	Cheese & onion pie	Cheese omelette
Meal Choice 3:	Wholewheat pasta and tomato sauce	Jacket potato	Tortilla boats with various fillings	Jacket potato	Pasta and herby tomato sauce
Accompaniments: Select accompaniment appropriate to main meal choices	Sweetcorn Baked potato wedges	Garlic Bread Green beans	Peas Rice	Cabbage Mashed potato	Broccoli Chips
	Freshly prepared salad available daily with all meal choices				
Second Course: Fruit & Yoghurt available daily	Yoghurt and fruit	Lemon sorbet	Fruit biscuit	Courgette muffins	Fruit sundae
Daily Items:	Salad bar featuring seasonal salads, fruits, & bread selection Milk and water available daily				

Fillings for jackets and tortilla boats: Cheese, beans and tuna fish

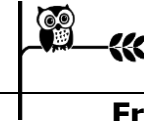
Oswald Road Primary Menu - Week 2



Food Station	Monday	Tuesday	Wednesday	Thursday	Friday
Meal Choice 1: (Halal & Vegetarian equivalent available where required)	Cheese whirls	Sausage and onion gravy	Teryaki chicken	Meatballs and tomato sauce	Salmon and sweet potato fish cake
Meal Choice 2:	Veggie Rolls	Quorn sausage	Teryaki quorn/vegetables??	Veggie balls	Vegetable and cheese bake
Meal Choice 3:	Tortilla boat	Pasta and tomato sauce	Jacket potato	Tortilla boat	Jacket potato
Accompaniments: Select accompaniment appropriate to main meal choices	Baked beans Saute potato	Cabbage Carrot Mashed potato	Carrot Potato wedges	Peas	Broccoli Chips
	Freshly prepared salad available daily with all meal choices				
Second Course: Fruit & Yoghurt available daily	Fruit flapjacks	Yoghurt and fruit	Eccles Cake	Raspberry sorbet	Lemon Muffin
Daily Items:	Salad bar featuring seasonal salads, fruits, & bread selection Milk and water available daily				

Fillings for jackets and tortilla boats: Cheese, beans and tuna fish

Oswald Road Primary Menu - Week 3



Food Station	Monday	Tuesday	Wednesday	Thursday	Friday
Meal Choice 1: (Halal & Vegetarian equivalent available where required)	Pasta with tomato and herb sauce	Beefburger	Salt and pepper chicken	Lamb kebab	Breaded fish
Meal Choice 2:	Cheese flan	Quorn burger	Sit fry vegetables	Veggie chilli	Quorn sausage
Meal Choice 3:	Jacket potato	Wholewheat pasta	Tortilla boat	Jacket potato	Pasta
Accompaniments: Select accompaniment appropriate to main meal choices	Garlic bread Peas and carrots	Salad Sweet potato fries	Broccoli Soft noodles	Sweetcorn Rice	Baked beans Mashed potato
	Freshly prepared salad available daily with all meal choices				
Second Course: Fruit & Yoghurt available daily	Apple & cinnamon wrap	Cheese & crackers	Chocolate and beetroot muffin	Yoghurt and fruit	Jelly
Daily Items:	Salad bar featuring seasonal salads, fruits, & bread selection Milk and water available daily				

Fillings for jackets and tortilla boats: Cheese, beans and tuna fish