

SUMMER/AUTUMN MENU 2018



Meat Free Monday

Traditional Tuesday

World Food Wednesday

Thursday Favourites

Fish Friday

Week 1

Homemade Pizza Slices
Vegetarian Sausage Roll
Jacket Potato Selection

Baked Jacket Wedges
Mini Corn on the Cob

Blueberry Frozen Yoghurt with
Seasonal Fruit Salad

Roast Dinner & Gravy
Quorn Bites
Pasta & Sauce

Roast & Mashed Potatoes
Spring Cabbage & Carrots

Cheese & Crackers with
Vegetable & Fruit Sticks

Your Favourite Chicken Curry
Veggie Balls in Tomato Sauce
Filled Tortilla Boats

Sunshine Vegetable Rice
Sugar Snap Peas

Chocolate & Beetroot Muffin

Spaghetti Bolognese
Chickpea & Potato Curry
Jacket Potato Selection

Wholemeal Spaghetti
Naan Bread
Mixed Vegetables

Strawberry & Kiwi Mouse

Fish Goujons with
Lemon Mayo Dip
Cheese Omelette
Pasta & Sauce

Sauté Potatoes
Baked Beans

Jelly & Fruit

Week 2

Vegetarian Chilli
Cheese Whirl
Jacket Potato Selection

Herby Diced Potatoes
Baked Beans

Pineapple & Yoghurt Crush

Baked Sausage on Finger Roll
Spanish Omelette
Filled Tortilla Boat

Mashed Potatoes
Carrots

Fruity Cookie

Tandoori Chicken
Vegetable Curry
Pasta & Sauce

Sunshine Rice
Broccoli

Chocolate Frozen Yoghurt with
Peaches

Shepherd's Pie
Quorn Fillet & Gravy
Jacket Potato Selection
Sliced White Bloomer
Roast Potatoes
Mixed Vegetables

Cheese & Crackers with Vegetable
& Fruit Sticks

Fish Fingers
Vegetable Pasta Bake
Pasta & Sauce

Chips
Peas

Blueberry Muffin

Week 3

Homemade Pizza Slices
Vegetarian Bolognese
Filled Tortilla Boats

Saute Potatoes
Super Sweet Sweetcorn

Fruit Salad with Yoghurt

Sausage & Bean Hotpot
Cheese & Potato Bake
Jacket Potato Selection

Tomato Bread
Green Beans

Fruity Biscuit

Moroccan Lamb
Tandoor Quorn
Pasta & Sauce

Sunshine Rice
Mixed Vegetables

Fruit Mango with Frozen Yoghurt

Sweet Chilli Chicken
Vegetable Chilli Con Carne
Jacket Potato Selection
Baked Jacket Wedges

Crunchy Carrot & Cucumber Sticks

Milkshake Jelly

Salmon & Sweet Potato Fishcake
Vegetarian Sausage Roll
Pasta & Sauce

Creamed Potatoes
Baked Beans

Arctic Roll with Fruit

The Fresh Fayre Gang - making your school dinners taste great!

Oswald Road