



5<sup>th</sup> March 2018

Dear Parents/Carers,

## Birthday Treats

Please note that Oswald Road is a healthy eating school and therefore we ask that parents do not bring sweets, chocolate or cake in on their child's birthday. We would like to offer some suggestions on how you can support us by considering alternatives to bringing in sweet birthday treats. For example:

- Party favours – small toys, bouncy balls, pencils, erasers etc. You can purchase these from online websites or pound shops.
- Buy something for your child's classroom – books (with your child's name and date of birth), a class game, craft activity or resources.
- Healthy snacks – popcorn, fresh fruit / vegetables, healthy sandwiches – prepared to share with class.

Please note that this is **optional** and you do not need to bring in treats for the class on your child's birthday if you do not wish to.

Kind regards,

Deborah Howard  
Headteacher



**Inspiration & Success**

