



6th November 2017

Dear Parents/Carers,

Healthy Snacks at Break Time

Oswald Road Primary School is a healthy eating school and in order to maintain this status it is important that we encourage our children to eat a healthy diet.

Some time ago we asked children to bring in healthy snacks for morning play. We have noticed that unhealthy snacks have been creeping back into our break times! As a result we would like to remind parents, carers and children that only healthy snacks (e.g. fruit, vegetables, cereal bars, bread sticks) are to be eaten at break time.

We will be sharing this with our children as well as encouraging them to bring in healthy lunchboxes, which we will be celebrating via pictures on social media.

We look forward to seeing and sharing the healthy foods we eat in school!

Kind regards,

Channi Davis and Luke McDonagh
Fit for Learning Team Leads



Inspiration & Success

