



19th October 2017

Dear Parent/Carer,

3CM Forest Crew Sessions

Next half term 3CM will be taking part in weekly Forest Crew sessions at Chorlton Ees. This will start on **Friday 10th November** and will run every Friday until the Christmas holidays. The children will be walking to Chorlton Ees with school staff and parent helpers to tackle outdoor activities and challenges.

Bear in mind the weather is unpredictable and you should help your child to be well prepared! You will find below a recommended list of essentials, so that your child stays warm enough, and dry and comfortable during the sessions, so that they are able to engage.

Please ensure your child has any necessary medication e.g. asthma inhalers in school.

Your child should bring their Forest Crew kit to school with them each Friday. They will get changed into their kit at the end of lunch time, ready to walk to the woodland in the afternoon.

Please sign and return the consent form attached. In order to offer this valuable outdoor education we need two parents to come with us each week. If you can come for all, or some, of the weeks please see your child's class teacher. Your help would be very much appreciated.

Kind Regards,

Claire Myers
Year 3-4 Phase Leader

RECOMMENDED ESSENTIALS

Please make sure you follow these recommendations and help your child to be prepared:

CLOTHING:

- **NOTHING THAT YOU MIND GETTING WET OR DIRTY OR SNAGGED**
- **WATERPROOFS:**
 - Essential – waterproof jacket. Desirable – waterproof overtrousers
- **FEET:** If you have them, walking boots or snow boots are great; but good fitting wellies with two or three pairs of warm socks are fine as long as it is not too cold. Old trainers (but not



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thin-soled pumps) can be okay if the weather is dry and warm. No school shoes – they will take some punishment!

- **BODY AND LEGS:**

- **1. Underlayers:** If it is cold, use layers of thermals if you have them (legs and body); tight t-shirts; jumpers and fleeces
- **2. Over Layers:**
 - If it is cold, use warm coats, gloves, scarf, hat
 - Old pair of long trousers/jeans to protect from thorns and nettles – Not school trousers

OTHER STUFF: Your child may want to bring a rucksack with:

- Plastic drink bottle with water or thermos with a hot drink.
- Fruit or other snack.
- Any spare clothes and waterproofs.

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Child's Name: _____ **Class:** _____

- I recognise that by being outdoors and in a woodland, activities have inherent risks including damage to clothing/belongings and injury, and that snags to clothing and scratches, bumps and bruises to an individual are normal and commonplace.
- In the unlikely event of an accident, I consent to this child receiving any necessary medical treatment, including anaesthetic, as considered necessary by the medical authorities.
- I consent that appropriate photographs and other recorded material that may include this child can be used for legitimate purposes such as reports, documents, school online/website.
- I consent to my child's participation in this programme.

Signed (Parent / Carer): _____ **Date:** _____



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