

Growing and Changing Together

Section 5 – Scheme Of Work

Manchester Healthy Schools Programme

Overview Of Full Scheme Of Work (SRE)

Lesson	Theme	Title	Activities
Year 1 Scheme of work			
Lesson 1	Personal Identity, Self-Esteem And Confidence	What makes me happy?	Self-esteem activity
Lesson 2	Friendship And Relationships	Males and females	Matching activity
Lesson 3	Growing Up	Baby animals	Numeracy activity
Lesson 4	Body Changes	Babies, children, adults	Sequencing activity
Lesson 5	Hygiene	Looking after our teeth	Oral Health Games CD-ROM
Lesson 6	Personal Safety	Tamara and Charlie	Safety Activity
Year 2 Scheme of work			
Lesson 1	Personal Identity, Self-Esteem And Confidence	What makes other people happy?	Compliments cards
Lesson 2	Friendship and Relationships	Different and similar	Class survey Differences DVD
Lesson 3	Growing Up	How did I get here?	How did I get here? DVD
Lesson 4	Body Changes	Life cycles	Cycle of life activity
Lesson 5	Hygiene	Clean hands!	E Bug hygiene activity
Lesson 6	Personal Safety	People I trust	My trust hand activity
Year 3 Scheme of work			
Lesson 1	Personal Identity, Self-Esteem And Confidence	What is good about me?	Making a model of me
Lesson 2	Friendship And Relationships	Friend wanted	Qualities of a friend activity
Lesson 3	Growing Up	Changing and staying the same	Growing up DVD
Lesson 4	Body Changes	Different clothes	Drama and dressing up activity
Lesson 5	Hygiene	What can I do to keep myself clean?	I am clean story and role play
Lesson 6	Personal Safety	Who can I talk to?	Who can help? activity