



Oswald Road Primary School

e-Safety Parent Guide

December 2017

General Introduction

Thank you so much for your responses to our recent e-Safety Questionnaire- we had a great response. Some parents requested further information so we thought the best way to communicate this would be in a leaflet. Please click on the links provided to access resources on particular subjects.

Discussing safe use of the internet with your children

<https://www.internetmatters.org/advice/0-5/>

Internet rules



Internet Safety

- **Never send anything you wouldn't say in real life.**
- **Never give out your address, phone number, school or your parent's names without permission.**
- **Never send packages or pictures to people you've met online without your parent's permission.**
- **DO NOT share your passwords with friends.**
- **Never install programs on your computer without permission.**
- **Never agree to meet someone you've met online in person.**
- **If you find something online that makes you feel uncomfortable, talk to a parent.**

Privacy settings for social media networks

<https://www.net-aware.org.uk/>

Reporting concerning material online

<https://www.nspcc.org.uk/services-and-resources/research-and-resources/2016/what-should-i-do-helpline-report-online-abuse/>

<https://www.nspcc.org.uk/globalassets/documents/research-reports/what-should-i-do-nspcc-helplines-responding-to-childrens-and-parents-concerns-about-sexual-content-online.pdf>

**If you're worried
about a child or
young person,
call 0808 800 5000**



PEGI

The PEGI labels appear on front and back of the packaging indicating one of the following age levels: 3, 7, 12, 16 and 18. They provide a reliable indication of the suitability of the game content in terms of protection of minors. The age rating does not take into account the difficulty level or skills required to play a game.



Screen Time

<http://home.bt.com/tech-gadgets/internet/tablet-smartphone-screen-time-advice-parents-kids-11364191314228>

e-Safety Glossary

Grooming - Grooming is when someone builds an emotional connection with a child to gain their trust for the purposes of sexual abuse, sexual exploitation or trafficking.

Children and young people can be groomed online or face-to-face, by a stranger or by someone they know - for example a family member, friend or professional.

Groomers may be male or female. They could be any age.

Many children and young people don't understand that they have been groomed or that what has happened is abuse.

Cyberbullying - Cyberbullying is using the internet, email, online games or any digital technology to threaten, tease, upset or humiliate someone else.

Sexting - Sending a sexual text, image or video can be dangerous if shared with the wrong person. Once you send a message, you're not in control of what happens to it.

Trolling – A troll is someone who posts inflammatory, extraneous, or off-topic messages in an online community, such as a forum, chat room, or blog, with the primary intent of provoking readers into an emotional response or of otherwise disrupting normal on-topic discussion.

Identity theft (also known as identity fraud)- a crime in which an imposter obtains key pieces of personally identifiable information, such as Social Security or driver's license numbers, in order to impersonate someone else.

Safety advice

[NSPCC- Keeping Children Safe Online](#)

<https://www.thinkuknow.co.uk/>

[Cyber Bullying](#)

Safety videos

['Lee & Kim' Cartoon \(suitable for 5 yrs - 7 yrs\)](#)

<https://www.bbc.co.uk/cbbc/shows/stay-safe>

<https://www.netsmartz.org/NetSmartzKids>

Safety settings for Apple devices

<https://support.apple.com/en-gb/HT201304>

Safety settings for Android devices

<http://www.techadvisor.co.uk/how-to/google-android/how-use-android-parental-controls-3461359/>

Filtering/Parental Controls

<https://www.internetmatters.org/parental-controls/networks-wifi/>

<https://support.microsoft.com/en-us/help/12413/microsoft-account-what-is-family>

<https://www.talktalk.co.uk/shop/security/homesafe>

<http://www.virginmedia.com/shop/broadband/parental-control.html>

<https://www.plus.net/help/broadband/how-to-use-plusnet-safeguard/>

Age appropriate games

<https://www.common sense media.org/app-lists?page=1>

Online reporting

<https://www.saferinternet.org.uk/advice-centre/need-help>