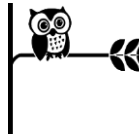
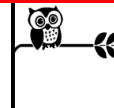


# Oswald Road Primary School Menu - Week 1



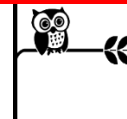
Food Station	Meat Free Monday	Traditional Tuesday	World Food Wednesday	Thursday Favourites	Fish Friday
<b>Meal Choice 1:</b> (Halal & Vegetarian equivalent available where required)	Cheese Whirl	Baked Sausages & Onion Gravy	Tandoori Chicken	Homemade Chicken Curry & Rice	Fish Goujons
<b>Meal Choice 2:</b>	Spanish Omelette	Vegetarian Sausages	Tandoori Quorn	Quorn & Vegetable Casserole	Veggie Balls & Gravy
<b>Meal Choice 3:</b>	Jacket Potato with a Choice of Vegetarian Fillings	Pasta with Tomato & Herb Sauce	Jacket Potato with a Choice of Fillings	Pasta with Bolognese Sauce	Filled Baguette Selection
<b>Accompaniments:</b> Select accompaniment appropriate to main meal choices	Chipped Potatoes	Roast Potatoes	Sunshine Vegetable Rice	Sliced Malted Bloomer	Creamed Potatoes
	Mixed Vegetables	Cabbage & Carrots	Sweetcorn	Carrots	Broccoli
	Freshly prepared salad available daily with all meal choices				
<b>Second Course:</b> Fruit & Yoghurt available daily	Ice Cream with Fruit Slices	Fruity Flapjack	St Clements Cupcake	Fruit Salad & Frozen Yoghurt	Cherry Biscuit
<b>Daily Items:</b>	Salad bar featuring seasonal salads, fruits, & bread selection Milk and water available daily				

# Oswald Road Primary School Menu - Week 2



Food Station	Meat Free Monday	Traditional Tuesday	World Food Wednesday	Thursday Favourites	Fish Friday
<b>Meal Choice 1:</b> (Halal & Vegetarian equivalent available where required)	Homemade Vegetable Pizza	Roast Dinner & Gravy  Halal Option	Chinese Five Spice Chicken	Lamb Bolognaise	Harry Ramsden's Fish Fillet
<b>Meal Choice 2:</b>	Vegetarian Sausage Roll	Tomato, Pepper & Mozzarella Sausages	Chinese Five spice Quorn	Cheese & Potato Pie	Five Bean Chilli
<b>Meal Choice 3:</b>	Jacket Potato with a Choice of Fillings	Pasta with Tomato & Herb Sauce	Tuna Wrap & Side Salad	Wholemeal Spaghetti with Bolognaise Sauce	Jacket Potato with a Choice of Fillings
<b>Accompaniments:</b> Select accompaniment appropriate to main meal choices	Baked Jacket Wedges	Roast & Creamed Potatoes	Sunshine Rice	Wholemeal Spaghetti	Chipped Potatoes
	Baked Beans	Cauliflower & Carrots	Broccoli	Baked Beans or Mixed Vegetables	Garden Peas and carrots
Freshly prepared salad available daily with all meal choices					
<b>Second Course:</b> Fruit & Yoghurt available daily	Fruit Salad with Strawberry Yoghurt	Chocolate & Mandarin Cake Bar	Cheese & Crackers	Fruit & Jelly	Strawberry Shortcake
<b>Daily Items:</b>	Salad bar featuring seasonal salads, fruits, & bread selection Milk and water available daily				

# Oswald Road Primary School Menu - Week 3



Food Station	Meat Free Monday	Traditional Tuesday	World Food Wednesday	Thursday Favourites	Fish Friday
<b>Meal Choice 1:</b> (Halal & Vegetarian equivalent available where required)	Homemade Margherita Pizza	Beef Meatballs in Tomato Sauce	Moroccan Lamb	Homemade Chicken Curry	Salmon Dish of the Day
<b>Meal Choice 2:</b>	Cheese Omelette	Cauliflower Cheese	Quorn Shepherd's Pie	Vegetable Crumble	Pizza Wrap
<b>Meal Choice 3:</b>	Pasta with Tomato & Herb Sauce	Filled Sandwich Selection	Jacket Potato with a Choice of Fillings	Pasta with Tomato & Mascarpone Sauce	Jacket Potato with a Choice of Fillings
<b>Accompaniments:</b> Select accompaniment appropriate to main meal choices	Baked Jacket Wedges	Wholemeal Pasta Tubes or Sliced Bread	Vegetable Brown Rice	Chipped Potatoes Or Brown Rice	Creamed Potatoes
	Mini Corn on the Cob	Carrots	Peas & Sweetcorn	Mixed Vegetables	Carrots & Green Beans
Freshly prepared salad available daily with all meal choices					
<b>Second Course:</b> Fruit & Yoghurt available daily	Chocolate Arctic Roll with Fruit Slices	Lemon Iced Finger	Fruity Cookie	Cheese & Crackers	Jelly & Fruit
<b>Daily Items:</b>	Salad bar featuring seasonal salads, fruits, & bread selection Milk and water available daily				