



6th September 2016

Dear Parents/Carers,

Year 4 Swimming

This year your child will attend swimming lessons once a week as part of the Manchester School Swimming Programme. The lessons will take place at Hough End Leisure Centre every Friday morning starting on Friday 16th September.

All Manchester Swimming Teachers are professionally qualified and are trained National Pool Lifeguards. The children will be accompanied each week by their class teacher, TAs Lizzie Wiles and Rashmina Mullick, plus one parent helper per class.

Clothing requirements for School Swimming are as follows:

Girls:

One-piece swimming costume *

A swimming hat is required to be worn if the hair covers the eyes or airways

A towel

* Please note that in order for your child to benefit from the swimming lessons appropriate aquatic clothing must be worn. Should your children wish to wear items of clothing that cover up parts of the body, there are specific aquatic clothing designed for this purpose. Cotton leggings are detrimental to teaching and are a risk to health and safety.

Boys:

A pair of traditional swimming trunks.

No Bermuda or long shorts are allowed, as these can be dangerous. - for reasons of safety the swimwear should be sufficiently tight fitting to allow the freedom of body and limb movement without causing unsafe water resistance. In terms of the legislation that governs this we are guided by AfPE (Association for Physical Education) Safe Practice in Physical Education and Sport 2012 and the ASA (Amateur Swimming Association)

A swimming hat is required to be worn if hair covers the eyes or airways

A towel

It remains the policy of the School Swimming Programme that **jewellery** of any description should not be worn in the School Swimming lesson. It is important that **earrings** in particular are removed. If you wish for your child to have pierced ears please ensure that they are able to be removed from September 2016.

Goggles are only permitted for medical reasons. Parents must produce a letter from either a doctor or optician to state that your child has a medical condition and is required to wear goggles in the school



Inspiration & Success



Oswald Road Primary School

Oswald Road, Chorlton-Cum-Hardy, Manchester M21 9PL
Telephone: 0161 881 4266/4319 Fax: 0161 881 4319
Email: admin@oswaldroad.manchester.sch.uk
Headteacher: D. Howard



swimming lesson. Once again this policy is in place for safety reasons and AfPE Safe Practice 2012 is the legislation that governs this.

The school teacher and swimming teacher must be informed of any **medical conditions** that might affect your child during their swimming lesson. It is imperative that any medication required poolside should be clearly labeled and brought to the lesson.

If you are available to attend swimming lessons with your child's class, please complete the reply slip below and hand it in to the school office as soon as possible.

Kind regards,

Jen Beech, Luke McDonagh and Sarah Millward
Year 4 Teachers

Year 4 Swimming

Child's Name: _____ **Class:** _____

I am available to attend swimming lessons with my child's class on Friday mornings []

Signed: _____ (Parent/Carer) **Date:** _____



Inspiration & Success

