



6<sup>th</sup> June 2016

Dear Parents/Carers,

## SRE

This term's PSHE and Science lessons include some units on SRE (Sex and Relationships Education). Participation in the lessons aims to improve young people's ability to develop healthy relationships, be confident and happy within themselves and their bodies, and make well-informed and safe decisions in the future.

The focus of this work relates to; friends, families and relationships; the changes which occur during puberty, why they occur and how to deal with them; and the scientific elements of human reproduction. This will also link to the science topics we've recently covered about life cycles.

The purpose of this letter is to inform you that this work will begin in the next two weeks. You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues such as those above before the work is covered in school.

**If you do not wish for your child to attend these lessons please complete the opting out form below.**

If you have any queries about the content of the programme or resources used please do not hesitate in contacting the school.

Kind regards,

Paul Salisbury, Natalie Gomez, Anna Wilson, Danielle McArdle

Year 5 teachers

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## SRE

Child's Name: \_\_\_\_\_ Class: \_\_\_\_\_

If you wish for your child to **OPT OUT** of the SRE lessons, please **TICK** this box. [  ]

Signed (Parent / Carer): \_\_\_\_\_ Date: \_\_\_\_\_



**Inspiration & Success**

