



30<sup>th</sup> November 2015

Dear Parent / Carer

## 3SG Forest Crew Sessions

This term, 3SG will be taking part in weekly Forest Crew sessions at Chorlton Ees. They will start on **Friday 8<sup>th</sup> January 2016** and will run for a total of 8 weekly sessions taking place each Friday. The children will be walking to Chorlton Ees with school staff and helpers, to tackle outdoor activities and exciting challenges.

Please bear in mind that the weather is unpredictable and you should help your child to be well prepared! Below is a recommended list of essentials to help ensure that children are cool/warm, dry and comfortable enough during the sessions to be able to engage.

**Please also ensure your child has any necessary medication e.g. asthma inhalers in school.**

Please sign and return the consent form (attached). Your child should bring their Forest Crew kit to school with them each Friday. They will get changed into their kit at the end of lunch time, ready to walk to the woodland in the afternoon.

Kind regards,

Anna Wilson  
Year 5 Teacher / Forest Crew Lead



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## Recommended Essentials

Please make sure you follow these recommendations to ensure that your child is prepared for the sessions.

**Note:** Please make sure that all clothing is something that you won't mind getting wet, dirty or snagged!

### **Waterproofs:**

Waterproof jacket (essential), waterproof over-trousers (desired).

### **Feet:**

Walking boots or snow-boots are great, even in summer, but good-fitting wellies with two or three pairs of warm socks are fine, as long as it's not too cold. Old trainers (but not thin-soled pumps) are acceptable if the weather is dry and warm. (No school shoes).

### **Body and legs:**

Under layers: If it's cold, use layers of thermals (if you have them); tight t-shirts; jumpers and fleeces.

Over layers: If it's cold, use warm coats, gloves, scarf, and hat as required.

Children should wear an old pair of long trousers / jeans to protect them from thorns and nettles. (No school clothing).

### **Other items:**

Your child may bring a rucksack with them, a plastic drinks bottle with water and any spare clothes / waterproofs or medication they will need.



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## 3SG Forest Crew Consent Form

**Child's Name:** \_\_\_\_\_ **Class:** \_\_\_\_\_

- I recognise that by being outdoors and in woodland, activities have inherent risks including damage to clothing/belongings and injury, and that snags to clothing and scratches, bumps and bruises to an individual are normal and commonplace
- Staff, leaders, helpers and facilitators will not be liable, now or in the future, for any loss, expense, damage or claim I might have against them as a result of this child's participation in the programme
- In the unlikely event of an accident, I consent to this child receiving any necessary medical treatment, including anaesthetic, as considered necessary by the medical authorities
- I consent that appropriate photographs and other recorded material that may include this child can be used for legitimate purposes such as reports, documents, school online / website
- I consent to this child's participation in this programme.

**Signed (Parent / Carer):** \_\_\_\_\_ **Date:** \_\_\_\_\_

Please return this completed form to your child's teacher as soon as possible.



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