



10<sup>th</sup> November 2015

## **Lifeshare's Christmas Appeal**

Lifeshare is a small Manchester charity that works with the city's most vulnerable people, such as the homeless community, and young people at risk of exploitation. We provide all year support, including food and clothing parcels, advocacy and peer support.

For the last 25 years, our weekend breakfast and Christmas drop-in services have provided food and drink, clean clothing, bedding, toiletries and a warm, welcoming, safe environment to people in need. For seven days every Christmas, we bring together an army of 150 local volunteers to provide three hot meals a day, warm clothing, shelter and company at our Dantzic Street kitchen and dining rooms. Last year we served Christmas Dinner to 160 people as well as hot meals to about 100 each day during the Christmas period. Everything we provide at Christmas is donated – we receive no government funding.

Every contribution makes a world of difference to people with nowhere else to go this Christmas, and is deeply appreciated. We rely on support and contributions, which are gratefully received. The things we urgently need to sustain our service are:

### **Non Perishable Food & Drink**

- Canned meat (spam, corned beef, hot dogs, meatballs), tinned fish, baked beans, tinned vegetables, tomatoes, soup, tinned spaghetti hoops/shapes, chickpeas, kidney beans, lentils.
- Tea, instant coffee, squash, pop, sugar, margarine, jam, marmalade.
- Pasta, rice, noodles, tinned fruit, rice pudding, cereals, biscuits, snack bars, crisps.

### **Clothing**

- Trousers, shoes/boots/trainers, outdoor jackets, socks, jumpers, underwear, gloves, hats, scarves, dresses, skirts, holdalls/rucksacks,
- Sleeping bags.

### **Toiletries (not aerosol)**

- Disposable razors, shaving cream, Soap, bubble bath, shampoo/shower gel (small bottles), toothpaste, toothbrushes, hand cream, deodorant, feminine hygiene products, perfume, aftershave.

### **Cleaning**

- Washing up liquid, gloves, toilet paper, bleach, washing powder, kitchen roll, paper towels, cloths.

### **Kitchenware**

- Cutlery, mugs, foil, cling film, bags for life.

We hope you will consider helping us in our endeavours by making a donation. If you have any questions please contact me or one of our team on 0161 235 0744. We do hope to hear from you in the near future. Merry Christmas and a Happy New Year!

Yours faithfully

Judith Vickers  
Team Leader

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Working to prevent and break the cycle of homelessness, reduce harm and promote health

To donate NOW, visit our home page at [www.lifeshare.org.uk](http://www.lifeshare.org.uk) and click on the DONATE NOW button

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