



15<sup>th</sup> June 2016

Dear Parent / Carer

## Year 6- SRE & 'Real Love Rocks'

This term's PSHE and Science lessons include units of SRE (Sex and Relationships Education). Participation in the lessons aims to improve young people's ability to develop healthy relationships, be confident and happy within themselves and their bodies, and make well-informed and safe decisions in the future.

The focus of this work relates to; friends, families and relationships, the changes that occur during puberty, why they occur, how to deal with them, and the scientific elements of human reproduction. Boys and girls will be split for certain sessions.

Alongside our SRE sessions, we will also be delivering a series of sessions designed by the children's charity Barnados. These sessions aim to deal with healthy relationships and exploitation via internet, social media and mobile phones. The course is called 'Real Love Rocks' and is designed and aimed at Year 6 children prior to their transition to high school. Further details about this course can be found via the Year 6 Updates page on our website, or alternatively please visit: [www.barnadosrealloverocks.org.uk](http://www.barnadosrealloverocks.org.uk)

The purpose of this letter is to inform you that this work will begin in the next three weeks. You may find that your child starts asking questions about the topic at home, or you might want to take the opportunity to talk to your child about issues such as those above before the work is covered in school.

**If you do not want your child to attend these lessons please complete the opting out form below.**

Kind regards,

Jen Beech & Chris Keeley  
Year 6 teachers

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## Year 6- SRE & 'Real Love Rocks'

Child's Name: \_\_\_\_\_ Class: \_\_\_\_\_

If you wish for your child to **OPT OUT** of the SRE lessons, please **TICK** this box. [ ]  
If you wish for your child to **OPT OUT** of the Real Love Rocks lessons, please **TICK** this box. [ ]

Signed (Parent/Carer): \_\_\_\_\_ Date: \_\_\_\_\_



**Inspiration & Success**

